



# Gregory S. Brya, DDS, PLLC

## Cosmetic & Family Dentistry

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### Post-Treatment Care Information Sheet

- **NUMBING**

- Usually lasts 2-4 hours
- Be careful not to bite your lip, tongue or cheek
- Soft foods while numb
- Avoid area worked on for 24 hours

- **WHEN UN-NUMB**

- Make sure bite is **PERFECT**
- May need adjustment if:

- \*\* Your bite feels off or does not come together evenly

- \*\* Your mouth or jaw starts to get sore

- A bite adjustment is quick, free of charge, and requires no numbing

- **MAY BE SORE FOR THE NEXT 24-48 HOURS**

- Dr. Brya recommends anti-inflammatory 600mg (Ibuprofen, Motrin, or Advil) or Tylenol if unable to take the above
- Swish with a warm salt water rinse; It helps heal the gums quicker; They should be pink, firm and healthy within the next 2 days.

#### **With Temporary In Place:**

- No chewing food on Temporary
- No chewing gum on Temporary
- No flossing around Temporary
- No electric toothbrushes on Temp.
- Be Careful Around Temporary**

\*\*\*If you have any questions or concerns, please call us 517-381-8181